## **Health Fund Rebate Information**

For Reflexology

The following Health Funds provide rebates for Reflexology. Please check your level of cover.

AHM Australian Unity Health BUPA (HBA, MBF, NRMA) CUA Health Manchester Unity CSBHS Health Fund
Ltd NSW Teachers Health ARHG Medibank Private HBF GMF Railway Transport Health. Peoples Choice

For further info visit <a href="http://www.reflexology.org.au">http://www.reflexology.org.au</a> or call your health insurance provider.

For Remedial Massage

The following Health Funds provide rebates for Remedial Massage. Please check your level of cover.

AHM Australian Unity Health BUPA HCF Manchester Unity Commonwealth Bank ARHG NIB Peoples Choice Defence Health

For further info visit <a href="http://www.atms.com.au">http://www.atms.com.au</a> or call your health insurance provider.

For Yoga

Today many health funds encourage a preventative approach to good health, encouraging their members to be proactive. Yoga is one such approach.

As Kendra is a Level 2 Yoga Australia member, the peak body for Yoga teaching in Australia, you may be able to claim a health insurance rebate from your Health Fund for attending Yoga classes. The following health funds have the green light approval; AHM

**Australian Unity** 

**BUPA** 

**CBHS** 

**Grand United** 

**HBF** 

Health.com

NIB

**Teachers Union** 

Transport Health Fund

Westfund

For further info visit <a href="http://www.yogaaustralia.org.au">http://www.yogaaustralia.org.au</a> or call your health insurance provider.